



MARK MOON
FITNESS

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MEDIA RELEASE



MARK MOON FITNESS SUPPORTS FITNESS BUSINESS OPERATORS

Mark Moon Fitness has strengthened its support for the fitness industry by officially sponsoring the Gym Owners' Business Network and the Gym Owners' Business Podcast.

Mark Moon has over 20 years' industry experience, teaching a variety of workout styles from freestyle to pre-choreographed. From 2005 to 2010 Mark was the National Training Manager, Master Trainer and a Program Designer for a leading global group fitness supplier. During this time Mark educated, mentored and trained group fitness instructors from all over the world of which many have gone on to teach with global status.

Since 2010 Mark has put this experience to use, developing his own brand, fitness programs and media profile. Mark has contributed to numerous magazines as a health and fitness expert, and his workouts are taught in group fitness studios and delivered via several online platforms, including Jillian Michaels' FITFUSION.

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